

WELCOME TO YOUR NEW HOME

Moving abroad is exciting
but at the same time, it can be scary.

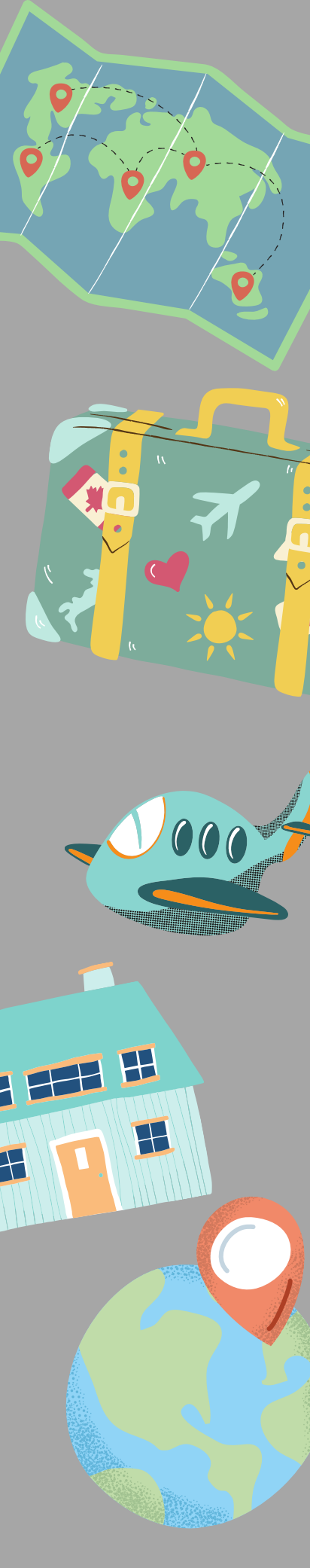
Here are my tips based on my experience as an
expat, to get you on the right track to a thriving life
abroad.

It will surely be stressful month ahead but I promise
that with my list, you can be sure that you've got all
the important things under control. It will surely be
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ADMINISTRATIVE AFFAIRS

- Register with the **local authorities** (ask if they provide official document to open a bank account or get a mobile number)
- Open a **bank account**
- Get a **local number, internet & TV subscription** (may be able to do all at one place)
- Register with your **consulate/embassy**
- Take note of the national **emergency numbers** for police, firefighters, ambulance, hospital, embassy
- **Insurance** - Research the local system. In some countries insurance is provided by the company so go through with your HR what/who exactly it covers and add anything you may need as extra
- **GP** - Register at a local GP, gynaecologist, dentist. vet.
- Get a **car insurance**
- **Driving license** - Some country may allow you to drive up to a year or two using a foreign license/ Research what is the local rule so that you can start driving
- Put your name on the **letterbox**
- When you arrive at your property, make sure lights and other **electronic work**



LIFE AFFAIRS

- Understand **the social customs** such as tipping, smoking, noise policies, courtesy rules (holding door, saying hello) to avoid awkward moments
- **Shopping** - find the nearest elementary shop, department store & take note of the opening hours
- **Public Transportation** - Find out what are the available transportation system (train, bus, trams, boats, taxi, bike-share) and what are the closest stops near your home & office. There may be a discount available for local residence and/or children so look into it before taking one
- **Private transportation**
 - bicycle - some countries require an additional insurance if you ride a bike. Also some electric bikes require license plates. Read the regulations carefully before you ride!
 - Cars / Motoribikes - Register your vehicle and ensure that you have a valid driving license.
- **Post** - Know your closest post and see what service they provide. some countries offer to keep your mail at the post office if you are not home at the time of the delivery.
- **Garbage** - Some countries may have strict regulations on household trash. There may be specific garbage bags you must use and a detailed recycling plan. Research about it, ask your neighbour or your office for information.



FEELING OVERWHELMED?

Don't worry, Mai can help!

START with a Discovery Call with Mai - A complimentary 30 minutes Zoom discussion to discover what Coaching with Mai is like, and ask any questions you may have, so that you can determine if you want to walk through your transition challenges with Mai. Start now as there is no commitment after a call.

SPECIAL OFFER- 10% discount if you sign up to one of Mai's Packages in the next 7 days.

BENEFITS OF COACHING?

- Take control of your relocation experience
- Clarify how you want to live your life abroad
- Gain focus and motivation and confidence
- Get the support that you and your family members need
- Being accountable for your actions

About Mai : With extensive experience relocating from one continent to another since 11 years old, she understands the real life issues and challenges that cross-cultural relocation brings. Through her experience, it has become second nature to Mai to settle into new countries and make it into a home she loves. This led expats and their families to engage her, to help them flourish in their new lives.

➤ **Start with a Discovery Call Now**